

Lauren Dykstra '11 WLax

- 2011-2012 All Patriot League First Team
- 2010-2011 All Patriot League First Team
- 2009-2010 All Patriot League First Team
- 2008-2009 All Patriot League First Team
- 2009-2010 Patriot League Offensive Player of the Year
- 2010-2011 Patriot League Defensive Player of the Year
- 2011-2012 Patriot League Midfielder of the Year
- 2008-2009 Patriot League Rookie of the Year
- 2011-2012 Patriot League All Tournament Team
- 2010-2011 Patriot League All Tournament Team
- 2008-2009 Patriot League All Tournament Team
- 2011-2012 PL Sportsmanship Award
- 2011-2012 BRINE/IWLCA All-Americans Third Team
- 2011-2012 IWLCA All-Region First Team
- 2010-2011 IWLCA All-Region First Team
- 2009-2010 IWLCA All-Region First Team
- 2011-2012 IWLCA North-South Game
- 2011-2012 Lehigh Sportsmanship Award
- 2008-2009 Lehigh John Steckbeck Award
- 2011-2012 Lehigh Graduating Female Athlete
- 2011-2012 Lehigh Mary O. Hurley Award
- 2011-2012 Lehigh Outstanding Athlete
- 2010-2011 Lehigh Outstanding Athlete
- 2009-2010 Lehigh Outstanding Athlete
- 2008-2009 Lehigh Outstanding Athlete
- 2010-2011 Captain
- 2011-2012 Captain

	Lehigh	Patriot
Groundball (Single Game)	10	
Goals (Season)	72 (2nd, 4th, 5th, 9th)	
Points (Season)	86 (4th, 7th, 8th)	
Shots (Season)	138 (2nd, 2nd, 4th, 5th)	
Groundballs (Season)	82 (1st, 8th, 10th)	
Draw Controls (Season)	41 (10th)	

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Groundball (Single Game)	10	
Goals (Season)	72 (2nd, 4th, 5th, 9th)	
Points (Season)	86 (4th, 7th, 8th)	
Shots (Season)	138 (2nd, 2nd, 4th, 5th)	
Groundballs (Season)	82 (1st, 8th, 10th)	
Draw Controls (Season)	41 (10th)	

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	Lehigh	Patriot
Groundball (Single Game)	10	
Goals (Season)	72 (2nd, 4th, 5th, 9th)	5th
Points (Season)	86 (4th, 7th, 8th)	, 10th
Shots (Season)	138 (2nd, 2nd, 4th, 5th)	
Groundballs (Season)	82 (1st, 8th, 10th)	3rd
Draw Controls (Season)	41 (10th)	

Caused Turnovers (Season)	27 (6th)	
Goals (Career)	257 (1st)	1st
Assists (Career)	45 (10th)	
Points (Career)	302 (2nd)	4th
Groundballs (Career)	207 (1st)	3rd
Draw Controls (Career)	144 (3rd)	
Caused Turnovers (Career)	72 (3rd)	13th





